



# Children should be allowed to participate in the Olympics

*By Chloe Lee*

Children should be able to participate in the Olympics because if you have experience, you need to develop it, and secondly, if you have already practiced, do not waste it until you are a teenager and a little more clumsy.

I think children under the age of 13 should be allowed to compete because if you already have experiences, you need to develop it, and practice competing at least twice to overcome your shyness. If you are shy, you can practice sports like skateboarding, swimming, and gymnastics. For example, I participated once in a gymnastic competition in Hong Kong, and on the journey there, I was really nervous but once I finished it, I won 2nd place on beam and 3rd place on vault. I was nervous, but when I actually did it, there was nothing to be nervous about. Therefore, children under the age of 13 should be able to compete because it helps you overcome your shyness.

Secondly, if you already practiced, you should not waste the hard work until you are an adult and a tiny bit clumsy. For example, my mom keeps on saying that she wants to be able to ski and ice-skate better, so I need to learn those at a young age. Therefore, I think children under the age of 13 should be able to compete in the Olympics.